

Transcranial Magnetic Stimulation (TMS) therapy

A safe and new treatment option

At-a-glance

TMS treatment uses focussed magnetic fields to stimulate brain regions, and enhance function in the way you think, feel and behave.

About TMS

This treatment is for people who experience depression and have not responded to other forms of treatment. It can also help those who have become resistant to medication.

TMS is not recommended for anyone who has a brain injury, seizures, is pregnant, or under 18 years old.

Why TMS?

TMS is a medication-free alternative for treating depression and other disorders.

It is painless and safe.

It is routinely used with other treatments for depression like medication and psychotherapy.

No food restriction is needed before, and you can drive home after the treatment.

About the treatment

TMS can be used with other treatments for depression like medication and psychotherapy, or as an alternate if medication tolerability is an issue.

It is also successfully used for treatment of anxiety, obsessive-compulsive disorder (OCD), substance-dependence recovery, chronic pain and post-traumatic stress disorder (PTSD). It has been used successfully by hundreds of thousands of patients worldwide.

How does it work?

A course of treatment involves 20-30 sessions over several weeks, a single session usually lasting 5-40 minutes.

Monitoring of mood symptoms continues throughout by our clinicians and psychiatrist reviews.

Return courses of TMS, as effective maintenance therapy, are made easily possible.

Timetable

Individuals need to be referred to Re-centre by their GP or health professional for TMS assessment and treatment by one of our specialist psychiatrists.

Side effects

Some people may experience transient muscle twitching during the treatment, or be left with a mild headache.

Your comfort through the procedure is our principal concern.

Any Questions?

Please let us know if we can assist you.

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